Updated 29 January 2016

## This meet will be swum under SNZ Regulations with the specific conditions \& criteria:

$>$ Age as at $9^{\text {th }}$ September 2016
> The qualifying period is from $1^{\text {st }}$ July 2015 to $21^{\text {st }}$ August 2016.
> The 2016 New Zealand Secondary School Championships will be swam Long Course and is for Year 9 to 13 students
> The age groups to be swum by both male and female are 13 years, 14 years, 15 years, 16 years and over. Students must be under 19 years of age on January 12016 to compete.
> To be eligible to compete a swimmer must be a financial and registered (at the time of the competition) Club Swimmer or Competitive Swimmer.
> The competition is open to all Schools in New Zealand with Year 9-13 students. Homeschooled swimmers are ineligible to participate as stipulated by the New Zealand Secondary School Sports Council. Students must be enrolled as bona fide students at the school of representation and study at least $80 \%$ of the programme.
> All events are timed-finals. Events will be super seeded with the top 8 swimmers in each age group swimming together in the last heats, all other swimmers will be rank seeded.
> Male and female relays will be swam as timed-finals and in the age groups 15 \& under and 16 \& over. Younger swimmers can swim in the older age group, but older swimmers cannot swim down. If a 15 \& under swimmer swims in the older age group they cannot also swim in the younger age group of that event. Mixed relays will be swum in the same age groups and teams must consist of 2 male and 2 female swimmers. Points from these races will not count towards top schools trophies.
> Para swimmers are eligible to swim at this championship. All those participating must have a PNZ classification, or at least a provisional classification. Forms to complete this provisional classification can be found on the PNZ website. These need to be submitted to PNZ by the $12^{\text {th }}$ August. Please be aware that there is an expectation of a suitable level of swimming ability for para swimmers swimming with a provisional classification. Para swimmers will swim with the able bodied swimmers. A single age group will be used for Para swimmers with medals awarded to the top 3 swimmers and certificates to the top 8 based on their time in comparison to the world record in their classification.
> If you have any queries about classifications contact Marguerite Christophers (PNZ) at classification@paralympics.org.nz
> There are no qualifying times for para swimmers (but an entry time must be submitted with entries)para swimmers are eligible for the following events:
> - $50 \mathrm{~m}, 100 \mathrm{~m}$ for all strokes, 200 m Freestyle, 200m IM for all classifications
> - 400 m Freestyle S6 and above

> Entries will be submitted through the SNZ Online Entries Portal. All schools must complete a Team Entry List form and any
relevant relay forms and send to events@swimmingnz.org.nz by 11.59pm on Tuesday 1 September 2016.
$>$ The qualifying times shown are 50 m times. Qualifying times swum in pools other than 50 m will be converted by the SNZ Database on completing entries.
> Swimmers shall only enter qualified events with the exception of 50 m events and relays.
> Medals will be presented to the first 3 place getters in each age group and every member of the top 3 relay teams. Certificates for the top 10 swimmers in individual and relay events will be sent to participants schools for presentation after the conclusion of the championship.
> During the championship there will be skins races for male and female swimmers. The 8 fastest swimmers in each event regardless of their age will qualify for these races. If a swimmer is unavailable the next fastest swimmers will be selected. The skins races will include four heats for each event, with the slowest two swimmers dropping out after each heat, leaving the final race with two swimmers. There will be a 2 minute delay between each heat. There will be prizes for the top three place getters in each event.
> There will be top school trophies for the top point scoring male and female schools. Co-ed schools with both male and female swimmers will be eligible for both trophies. Points achieved by Para Swimmers will also count towards school points totals. Paralympics New Zealand and the New Zealand Secondary Schools Sports Council endorse this full inclusion practice.
> All participants must agree to comply with the Sports Anti-Doping Rules \& all SNZ Rules and regulations.
$>$ In entering this championship, participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming New Zealand, their sponsors or others.


## 2016 New Zealand Secondary School Championships

Updated 29 January 2016
50m Qualifying Times

| Male |  |  |  |  | Female |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 13 \& under | 14 yrs | 15 yrs | 16 \& over |  | 13 \& under | 14 yrs | 15 yrs | 16 \& over |
| FREESTYLE |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |
| 1:06.00 | 1:05.00 | 1:04.00 | 1:03.00 | 100 | 1:09.00 | 1:08.00 | 1:08.00 | 1:07.00 |
| 2:25.00 | 2:23.00 | 2:21.00 | 2:19.00 | 200 | 2:30.00 | 2:29.00 | 2:27.00 | 2:25.00 |
| 5:05.00 | 5:00.00 | 4:55.00 | 4:50.00 | 400 | 5:20.00 | 5:15.00 | 5:10.00 | 5:05.00 |
| BACKSTROKE |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |
| 1:20.00 | 1:18.00 | 1:16.00 | 1:14.00 | 100 | 1:26.00 | 1:25.00 | 1:23.00 | 1:21.00 |
| 2:45.00 | 2:43.00 | 2:40.00 | 2:37.00 | 200 | 2:54.00 | 2:52.00 | 2:49.00 | 2:46.00 |
| BREASTSTROKE |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |
| 1:27.00 | 1:26.00 | 1:25.00 | 1:23.00 | 100 | 1:33.00 | 1:32.00 | 1:31.00 | 1:30.00 |
| 3:03.00 | 3:00.00 | 2:58.00 | 2:56.00 | 200 | 3:15.00 | 3:12.00 | 3:10.00 | 3:08.00 |
| BUTTERFLY |  |  |  |  |  |  |  |  |
| 50 |  |  |  |  |  |  |  |  |
| 1:17.00 | 1:15.00 | 1:14.00 | 1:12.00 | 100 | 1:23.00 | 1:21.00 | 1:20.00 | 1:18.00 |
| 2:52.00 | 2:50.00 | 2:48.00 | 2:46.00 | 200 | 2:58.00 | 2:56.00 | 2:54.00 | 2:52.00 |
| MEDLEY |  |  |  |  |  |  |  |  |

## 2016 New Zealand Secondary School Championships

Suimming
9-11 September | Wellington
Updated 29 January 2016
Warm-up times, session start times and order of events

| Day 1 - Fri $9^{\text {th }}$ September - Session 1 |  |  |  | Day 1 - Fri $9^{\text {th }}$ September - Session 2 |  |  |  | Day 2 -Sat 10 ${ }^{\text {st }}$ September - Session 3 |  |  |  | Day 2 - Sat 10 ${ }^{\text {st }}$ September - Session 4 |  |  |  | Day 3 - Sun 11 ${ }^{\text {th }}$ September - Session 5 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Warm up 9.00-9.50am |  |  | $\begin{aligned} & \text { Start 10.00am } \\ & \hline \text { (Para) } \end{aligned}$ | Warm up 3.00-3.50pm |  | M | Start 4.00pm | Warm up 8.00-8.50am |  | F | Start 9.00am | Warm Up 3.00-3.50pm |  |  | $\begin{aligned} & \text { Start 4.00pm } \\ & \hline \text { (Para) } \end{aligned}$ | Warm Up 8.00-8.50am |  |  Start 9.00am <br> M (Para) |  |
| 1 | 200 m Free | M |  | 11 | 200m Breast |  |  | $26 \quad 2$ | 200 m Back |  |  | 41 | 200m IM | F |  | 57 | 100 m Back |  |  |
| 2 | 50 m Back | F | (Para) | 12 | 50 mFly | F | (Para) | $27 \quad 5$ | 50 m Breast | M | (Para) | 42 | 50 m Free | M | (Para) | 58 | 100 m Back | F | (Para) |
| 3 | 50 m Fly | M | (Para) | 13 | 50 m Back | M | (Para) | $28 \quad 5$ | 50 m Free | F | (Para) | 43 | 50 m Breast | F | (Para) | 59 | 100 mFly | M | (Para) |
| 4 | 100 m Free | F | (Para) | 14 | 200m Free | F | (Para) | $29 \quad 2$ | 200 m IM | M | (Para) | 44 | 200 m Back | M |  | 60 | 100 m Breast | F | (Para) |
| 5 | 200 mFly | M |  | 15 | 400m Free | M | (Para S6+) | $30 \quad 4$ | 400 m Free | F | (Para S6+) | 45 | 200 mFly | F |  | 61 | 100 m Free | M | (Para) |
| 6 | 200 m Breast | F |  | 16 | $4 \times 50$ Medley Relay | F | 16 \& Over | $31 \quad 4$ | $4 \times 50$ Free Relay | M | 15 \& Under | 46 | 100 m Breast | M | (Para) | 62 | 100 mFly | F | (Para) |
| 7 | $4 \times 50$ Medley Relay | M | 15 \& Under | 17 | $4 \times 50$ Medley Relay | M | 16 \& Over | 32 4× | $4 \times 50$ Free Relay | F | 15 \& Under | 47 | $4 \times 50$ Free Relay | F | 16 \& Over | 63 | $4 \times 50$ Medley Mixed Relay |  | 15 \& Under |
| 8 | $4 \times 50$ Medley Relay | F | 15 \& Under | 18 | 50 m Back Skins | F | Top 8 | $33 \quad 50$ | 50 m Back Skins | M | Top 8 | 48 | $4 \times 50$ Free Relay | M | 16 \& Over | 64 | 4×50 Medley Mixed Relay |  | 16 \& Over |
| 9 | $4 \times 50$ Free Mixed Relay |  | 15 \& Under | 22 | 50 m Fly Skins | M | Top 8 | $37 \quad 50$ | 50 m Fly Skins | F | Top 8 | 49 | 50 m Breast Skins | M | Top 8 | 65 | 50 m Breast Skins | F | Top 8 |
| 10 | $4 \times 50$ Free Mixed Relay |  | 16 \& Over |  |  |  |  |  |  |  |  | 53 | 50 m Free Skins | F | Top 8 | 69 | 50m Free Skins | M | Top 8 |

